

Intermediate Benefits	TOTAL	Highlights (key contributors)
a. Number of coaching sessions provided	147	The highlights of quarter three were Christmas events at the stadium and training course and recreational opportunities through recreational programme, street soccer and NHS programme
b. Number of coaches engaged in delivering coaching	90	National Coaching Certificate within schools was prevalent over the third quarter with planning and booking confirmed for the National Coaching Certificate for adults. Participant numbers in Safeguarding Training was high this quarter
c. Number of sessions improving club governance	54	Safeguarding was a key focus this quarter
d. Number of volunteering opportunities	154	Volunteer opportunities were high through recreational programmes this quarter
e. Participation opportunities for under 16s	225	Seasonal camps, fanzone and female specific programmes
f. Female participation rates	286	With the success of the NI senior team the level of female participation was particularly high during this quarter
g. Number of people completing skills development programme	331	A range of National Coaching Certificate Courses in school and club environment were completed this quarter

i. Number of sessions for under-represented groups	145	The street soccer programme provided massive opportunities for under-represented groups and an application for additional funding through Belfast City Council Health Development Unit was successfully obtained to allow the programme to be maintained due to the withdrawal of previous funding and has allowed the programme to grow
j. Number of sessions for school and youth groups	13	Schools programmes during this quarter were very successful
k. Community group usage of stadia	3	Christmas dinner, christmas ball and the fanzone were delivered successfully this quarter
l. Number of clubs attaining club-mark	0	New check sheet to be launched this quarter and over 90 clubs have downloaded and used the tool which is hoped will lead to increased clubmark (people and clubs) completion
m. Educational opportunities	188	The educational team were busy in schools this quarter successfully providing educational programmes OCN and National Coaching Certificate
o. Number of programmes targeting ASB	109	Several programmes specifically targeted antisocial behaviour. Primarily the street soccer programme with other programmes including the christmas events and recreational programmes had an anti-social behaviour element.
q. Improved collaborative working	398	NHS programme has been nominated for Sport NI Sportsmaker award
r. Number of disabled participants	20	Several programmes were specifically all inclusive and a number of participants with a range of disabilities fully participated in the programme
s. Number of older people participating	91	The main event involving older people in this quarter was the christmas dinner participants took part